

Life is GOOD CAFÉ

— paint • sip • connect —

WOODSTOCK, CAPE TOWN

Creative café experiences for
dates, friends, families & slow mornings.

MADE
WITH
LOVE

LOCALLY
MADE

ART
COFFEE
COMMUNITY

ALL DAY BREAKFAST

THE GOOD START	R75
Scrambled eggs, grilled sausage, tomato & toast.	
SMASHED AVO TOAST	R105
Smashed avocado, feta, chili flakes, lemon & sourdough.	
CROISSANT BREAKFAST	R120
Croissant with eggs, avo & grilled tomato, mushrooms.	
LIFE IS GOOD BREAKFAST	R145
2 eggs, macon, sausage, beans, toast & fries.	

SIGNATURE WRAPS & SANDWICHES

TUNA MELT	R72
Tuna mayo & melted cheese on toasted sandwich.	
CLASSIC MAYO CHICKEN	R82
Chicken strips, lettuce & creamy mayo wrap.	
SPICY CHICKEN CRUNCH WRAP	R105
Spicy chicken strips, lettuce, tomato, cheddar & jalapeños.	
TACO BEEF & CHEESE WRAP	R110
Taco mince, cheddar cheese, lettuce & salsa.	
AVO GOOD DAY	R95
Smashed avo, tomato & cheese on toasted bread.	
PASTRAMI MELT	R95
Pastrami, cheese & signature sauce toasted sandwich.	
MACON AVO BLISS	R110
Grilled macon, smashed avo, tomato & cheese.	
GOLDEN CRUNCH CHICKEN	R95
Crispy chicken, melted cheese, cucumber, lettuce, tomato & signature sauce.	

COMFORT FAVOURITES

CRISPY WINGS	
6pc	R110
8pc	R145
Crumbed wings with fries & dipping sauce.	
LOADED FRIES (BBQ)	R95
BBQ chicken strips & sauces.	
LOADED FRIES (SPICY)	R95
Spicy mayo chicken.	

WAFFLES

CHICKEN CRUNCH WAFFLE	R135
Crispy chicken strips on waffle with spicy drizzle.	
NUTELLA BANANA WAFFLE	R110
Nutella, banana slices & icing sugar.	
BERRY WAFFLE	R125
Seasonal berries, cream & maple drizzle.	
CINNAMON CARAMEL CRUNCH	R120
Caramel drizzle, cinnamon crunch & cream.	

Add something extra?

Avocado	R20
Extra Egg	R15
Macon / Sausage	R20
Mushrooms	R15
Gluten-free Toast	R15



Paint



Sip



Date



Connect



Woodstock

Life Is Good Café

Come for the coffee.
Stay for the experience.